



**Gujarat Commerce College**

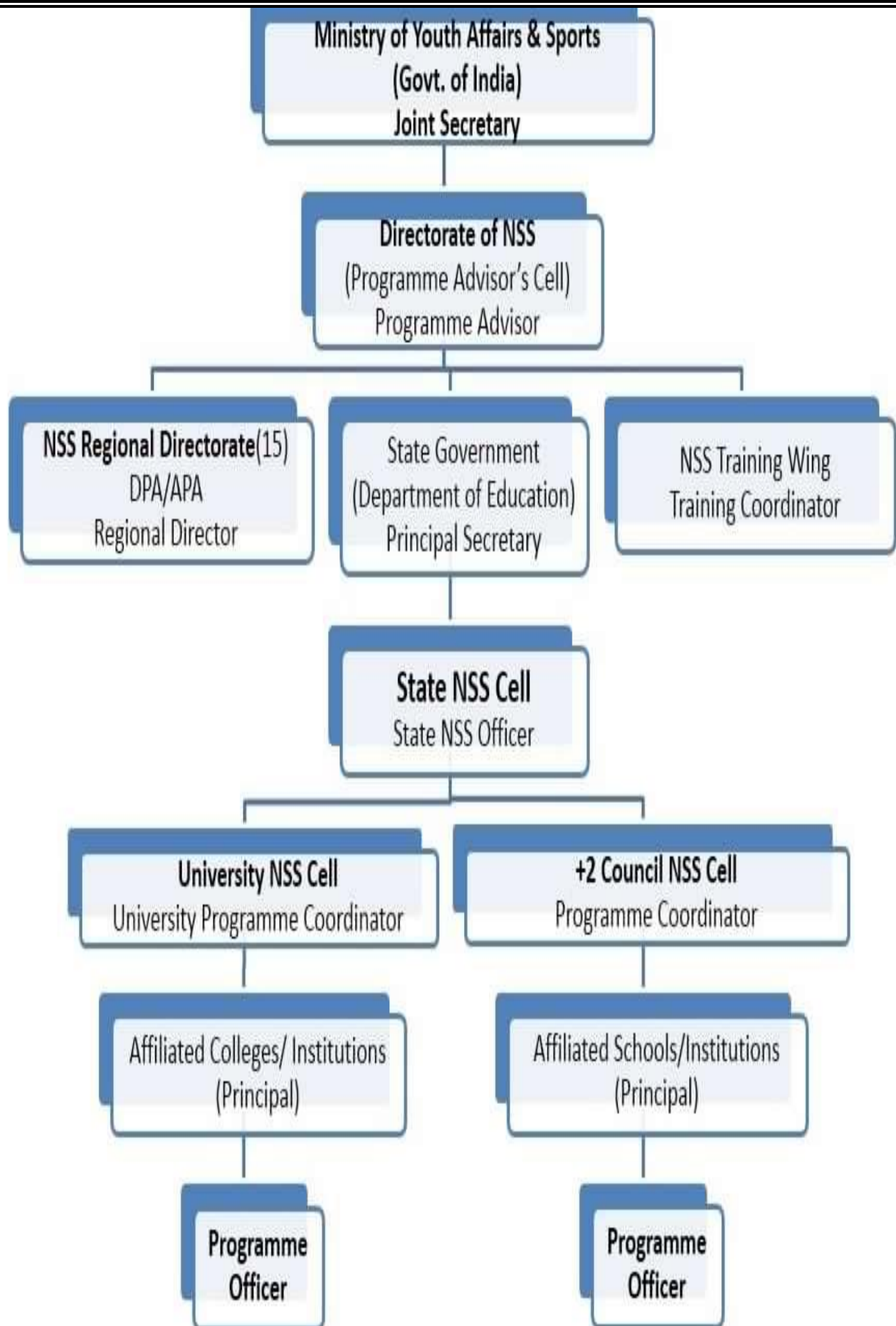


**National Service Scheme Unit**

**Gujarat University**

**N.S.S. Activity**

**2021 – 22**



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## 01. Tiranga yatra gujarat University programe ( 09<sup>th</sup> August,2021)

A Youth Power March was organized by Gujarat University as a part of Aazadi ka Amrit Mahotsav on 9<sup>th</sup> August'21. The Vice Chancellor of Gujarat University attended the programme as Chief Guest. The students of NSS unit of Gujarat Commerce College actively participated in this power march under the guidance of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. The Youth power march started from Ravi Shankar Raval Kala Bhavan to Veer Vinod Kinarivaala memorial situated in the campus of Gujarat Commerce College, in which the students marched waving our national tricolour Flag alongwith chanting patriotic slogans.



## 02. SHAHID VEER VINOD KINARIWALA PROGRAMME (10<sup>th</sup> August,2021)

Veer Vinod Kinariwala was an Indian independence activist as well as an intermediate student at Gujarat College in Ahmedabad, India, and was shot dead by British Assistant Superintendent Police for trying to hoist the Indian flag while protesting in front of the college as a part of Quit India Movement. So in the honour of his bravery as well as sacrifice, the N.S.S unit of Gujarat Commerce College organised an oration programme at Gandhi Hall on 12<sup>th</sup> August'21, in order to enlighten and spread awareness among the students. The Principal Dr. Jyotsna I Patel, the programme officer Dr. Vandana G Trivedi as well as the professors expressed their respect for Veer Vinod Kinarivaala and encouraged the students who actively as well as enthusiastically participated in the programme. There was a wreath laying ceremony at Veer Vinod Kinarivaala's memorial situated in the College Campus, to pay homage to the honorable martyr.





### 03. Swachhta Pakhwada Programme (13<sup>th</sup> August,2021)

Starting from 13<sup>th</sup> August'21 , the N.S.S unit of Gujarat Commerce College celebrated a three day long Swachhta Pakhwada under the guidance of Principal Dr. Jyotsna I patel as well as Programme officer Dr. Vandana.G.Trivedi. The three day long pakhwada was celebrated actively as well as enthusiastically by the students,where the cleansed the lecture rooms on the first day, followed by cleaning the college campus on the second day and on the third day the students scrubbed the honorable Martyr Veer Vinod Kinarivaala's memorial and paid homage in honour of his bravery and sacrifice.To sum it up it was a very optimistic approach to apprehend the students regarding the importance of cleanliness in general as well as in our day to day life.



### 04. Independence Day Celebration (18<sup>th</sup> August,2021)

On 15<sup>th</sup> August,on the occasion of Independence day ,the N.S.S unit of Gujarat Commerce College organised a flag hosting ceremony in the college campus where the volunteers led by Programme officer Dr. Vandana G Trivedi enthusiastically participated and presented impressive performances, like oration, skit, etc.The Principal Dr. Jyotsna I Patel also expressed her love as well as respect for the nation addressing the students to be more patriotic and responsible towards the nation, followed by Flag Hosting and chanting the National Anthem.



## 05. Rakshabandhan Programme ( 21<sup>st</sup> August,2021)

On 21<sup>st</sup> August'21, on the auspicious occasion of Rakshabandhan the N.S.S unit of Gujarat Commerce College organised a programme in which the students (particularly the girl students) presented the Rakhis to the Principal Dr. Jyotsna I Patel and other staff by tying rakhi on their wrists. Then the volunteers, led by Programme officer Dr. Vandana Trivedi headed to the nearby Police station , in order to tie rakhi, thanking them for providing us a safe & secure environment and wishing wellness and safety to them, which incited an intrinsic feeling of fraternity among the students.



## 06. Zaverchand Meghani Gujarat University Programme (28<sup>th</sup> August,2021)

On the auspicious occasion of Zaverchand Meghani's 125<sup>th</sup> birth anniversary, the NSS Unit of Gujarat University held a celebration at the senate hall on 28<sup>th</sup> August'21. The students of NSS unit of Gujarat commerce college were led to the programme venue by Programme officer Dr. Vandana G Trivedi alongwith 10 volunteers. In this programme, the students were enlightened about the life history of Zaver Chand Meghani including his contribution in Gujarati literature.





## 07. Kocharab Ashram visit (5<sup>th</sup> September,2021)

A visit to Satyagraha Kocharab Ashram was organized by the N.S.S unit of Gujarat Commerce College on 5<sup>th</sup> September'21. The programme officer Dr. Vandana G Trivedi, led 35 volunteers to the ashram where they learned about some interesting facts regarding the life journey of Mahatma Gandhi by the administrator of the Ashram- Shri Pravinbhai Parekh, followed by a visit to Gandhiji's residence, by which the students came to know about the lifestyle of Gandhiji, which incited inspiration among everyone.



## 08. Organ Donation Oath Taking Programme (17<sup>th</sup> September,2021)

Donation of any organ can save or transform the life of a person. One organ and tissue donor can help transform the lives of more than 10 people. Pertaining to this, the N.S.S unit of Gujarat Commerce College organised an oath taking programme on 17<sup>th</sup> September'21 in order to spread awareness regarding organ donation under the guidance of Programme officer Dr. Vandana.G.Trivedi, in which 75 volunteers actively as well as enthusiastically participated and explained the importance of organ donation. Apart from this, the students also attended the Prime Minister Shri Narendra Modi's "Mann ki Baat" programme, after which they pledged the oath to spread awareness among people regarding organ donation. The Principal of Gujarat Commerce College Dr. Jyotsna Patel, also attended the programme and cheered all the volunteers.



मन की बात कार्यक्रम



## 09. Cancer Awareness Campaign (15<sup>th</sup> to 22<sup>nd</sup> September,2021)

In India, the incidence of cancer is increasing rapidly; therefore it is important to step up cancer literacy and knowledge amongst the people. Pertaining to this, the N.S.S unit of Gujarat Commerce College organised a Cancer awareness campaign starting from 15<sup>th</sup> to 22<sup>nd</sup> September, in order to spread awareness among people regarding Cancer and how to prevent it, under the guidance of Programme officer Dr. Vandana.G.Trivedi. The volunteers actively participated in the campaign and carried out door to door awareness drive, in which they informed the people about the potential causes giving rise to cancer and how we can effectively prevent developing a cancer followed by explaining the public on how to survive it.



## 10. Essay Writing Competition On Deaddiction (23<sup>rd</sup> September,2021)

Addiction comes at a great cost and we need to be able to recognize its harmful consequences to not let ourselves or anyone become an addict as it leads to major health hazards. So in order to spread awareness among students as well as prevent them from entering the trap of addiction, the N.S.S unit of Gujarat Commerce College organised an Essay writing competition on 23<sup>rd</sup> September'21, on Deaddiction under the guidance of the Principal Dr.Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. There was active participation of students in the competition and they enthusiastically wrote impressive essays.



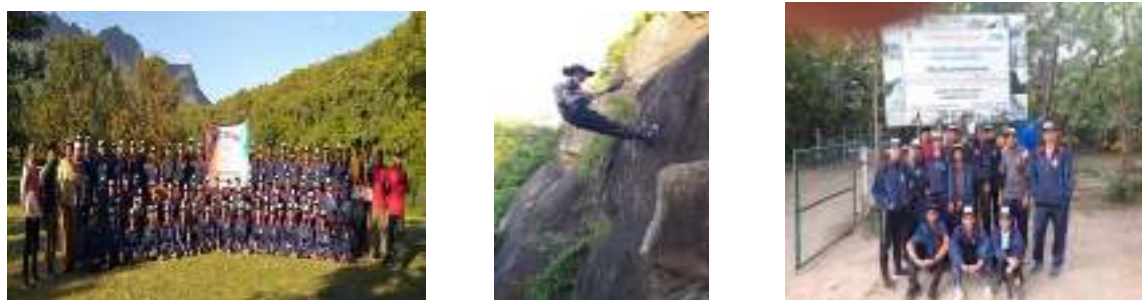
## 11. NSS Day Celebration - Theme – Fruit Distribution (24<sup>th</sup> September,2021)

NSS was formally launched on 24<sup>th</sup> September , 1969 , the birth centenary year of the Father of the Nation. So , 24<sup>th</sup> September is celebrated as NSS Day every year. This year, on 24<sup>th</sup> September'21, the NSS Unit celebrated the NSS Day by distributing fruits at Paldi Andhjan Mandal and Ashram road Deaf and Mute School, under the guidance of Principal Dr. Jyotsna I Patel and Programme officer Dr.Vandana G Trivedi. The students warmly distributed fruits among the people at school and spent quality time with them. This was a very effective approach through which the students got to learn about the lifestyle of deaf and mute people. The student's involvement is truly appreciable. The President of the school applauded as well as appreciated the sincere and kind efforts of all the volunteers.



## 12. Basic Mountaineering camp

A Basic Mountaineering Camp was organized by Gujarat University in front of Pandit Deendayal Upadhyay Mountaineering Training Center, Junagadh. The camp was ten days long, from 17-10-2021 to 26-10-21, where basic information and training regarding mountaineering. A total of 100 volunteers from Gujarat University joined the camp, out of which 3 students of NSS Unit of Gujarat Commerce College also joined under the guidance of Programme officer Dr. Vandana G Trivedi. The camp began with great enthusiasm and joy, where at 7 am on 17<sup>th</sup>, as per the instructor's guideline all the trainees were given training on Laxman Hill and Joganiya Hill after some warm up exercise. The ten days long camp included in teaching the students on how you can tie a rope in ten different ways, rock climbing, information about mountain weather, rope climbing, rappelling, stomach rappelling, river crossing, trekking etc. It was a very memorable as well as adventurous moment for the students.





### 13. SELECTION OF THE VOLUNTEER IN WEST ZONE PRE REPUBLIC DAY PARADE CAMP - 2021 (12<sup>th</sup>-21<sup>st</sup> October-2021)

The west zone Pre Republic Day Parade Camp selection was organized by the Ministry of Youth Affairs and Sports, Government of India at KAVAYITRI BAHINABAI CHAUDHARI(KBC) NORTH MAHARASHTRA UNIVERSITY, starting from 12<sup>th</sup> to 21<sup>st</sup> October, 2021. A total of 54 students from Ahmedabad Region were selected for the Parade Camp among which, Karan Dabhi, a volunteer of NSS Unit of Gujarat Commerce College also got selected. The ten day long camp consisted of sophisticated training that started from early morning everyday and ended late into the evening. The students also got the opportunity to meet with the Regional Director of Pune as well as the Delhi RD camp Director and many NSS officers.



### 14. Cycling Rally (2<sup>nd</sup> October 2021)

A cycling rally was organized by Gujarat University in the honour of Mahatma Gandhi's birth anniversary on 2<sup>nd</sup> October 2021. The rally consisted the route from Gujarat University to Gandhi Ashram and the way back in return. The bicycle rally started at sharp 7:30 am, in which the students of NSS unit of Gujarat Commerce College actively participated, under the guidance of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. After the volunteers reached Gandhi Ashram, they toured various places of the ashram. Then, they returned back to Gujarat University where they received certificates for participation in the rally by Gujarat University.



### 15. Aazadi ka Amrut Mahotsav-Three - day Camp(29<sup>th</sup> to 31<sup>st</sup> October,2021)

The N.S.S unit of Gujarat Commerce College organised a three-day camp at Dantali village, starting from 19<sup>th</sup> to 31<sup>st</sup> October'21, pertaining to the Aazadi ka Amrut Mahotsav drive. Led by the Programme officer Dr.Vandana G Trivedi, the students enthusiastically participated in various activities like spreading awareness among the villagers regarding Covid'19 Vaccination, presenting a play at night on "Deaddiction", followed by rally march for the cause – "Beti Bachao, Beti Padhao". The students also personally experienced the lifestyle of village people as well as the problems they come across in everyday life. The experience was very motivating for the students.



### 16. Special Olympics Bharat Programme (31<sup>st</sup> October 2021)

A Special Olympics Bharat Programme was organised at Gandhinagar on 31<sup>st</sup> October,2021, in which the students of NSS Unit of Gujarat Commerce College participated as volunteers , under the guidance and motivation of Principal Dr.Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi.They had a wonderful experience and also got the chance to learn many new things.





## 17. Amrut Mahotsav of Independence - Awareness For Law (15<sup>th</sup> November 2021)

The N.S.S unit of Gujarat Commerce College organised a visit to the nearby Police as a part of the Amrut Mahotsav of Independence on 15<sup>th</sup> November'21, in which the volunteers got to learn about the laws and duties of the citizens of India from the officers of the police station. This experience was very insightful for the students where they got the chance to deliberate whether they themselves are self aware enough or not.



## 18. Gujarat University Foundation day celebration (23<sup>rd</sup> November 2021)

On the occasion of the 8th foundation day of Gujarat University, the volunteers of NSS department of Gujarat Commerce College celebrated it on 23<sup>rd</sup> November'21, by welcoming and adoring the helper staff serving in Gujarat University, such as security staff, cleaning brothers and sisters and other staff with Kumkum Tilak. The masks were also distributed in view of the pandemic. The volunteers expressed their gratitude to all these people as they faithfully and sincerely perform their duties even in a situation like Covid 19. The experience was very motivating for all the volunteers.



## 19. Blood Donation Camp (30<sup>th</sup> November 2021)

A Blood Donation Camp was organized by Gujarat university on 30<sup>th</sup> November'21, in which the volunteers from NSS Unit of Gujarat Commerce College participated in the camp under the guidance of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. The students encouraged people to donate blood. They also provided people with information regarding clean health and prevention of diseases and also honored the People who donated blood with gifts. The overall experience was very motivating for the students.



## 20. Sports Camp Selection (15<sup>th</sup> December 2021)

Different camps are organized every year by the Youth Welfare Department, a similar selection camp was also organized this year on 15<sup>th</sup> December 2021 at 9:00 am in the sports ground of Gujarat University in which the volunteers of NSS unit of Gujarat Commerce College participated under the guidance of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G trivedi. As a part of the selection process , a physical test was conducted in which the participants actively participated and got selected, followed by having refreshments provided by the Gujarat University.



## 21. Yuva Sahkari Seminar (29<sup>th</sup> December-2021)

A programme on the importance of co-operative societies was organized by the State Co-operative Union on 29<sup>th</sup> December 2021 at H.K college. The volunteers of NSS unit of Gujarat Commerce college participated in this seminar under the motivation of Programme officer Dr. Vandana G Trivedi. Mr.Shankar Chaudhary, Chairman, Banas Dairy as well as the Vice Counsellor, Gujarat University were also present in the Seminar, and provided guidance regarding the importance of cooperatives and their future prospects. This program proved to be very inspiring for the students.





## 22. Marine Camp (For Boys) (25<sup>th</sup> - 28<sup>th</sup> December 2021)

The Youth Welfare Department of Gujarat university organised a four days long Marine Camp at Bet Dwarka starting from 25<sup>th</sup> to 28<sup>th</sup> December'21. The students of NSS Unit of Gujarat Commerce College also attended this camp under the motivation of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. In the camp the students studied the marine flora and fauna found in Bet Dwarka followed by lighting bonfire at night where the students got the opportunity to show their talents. They also cleaned the shores.



## 23. Marine Camp (For Girls) (29<sup>th</sup> December 2021 – 01<sup>st</sup> January-2022)

The Youth Welfare Department of Gujarat university organised a four days long Marine Camp at Baet Dwarka starting from 29<sup>th</sup> December'21 to 1<sup>st</sup> January'22. The students of NSS Unit of Gujarat Commerce College also attended the camp under the motivation of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. In the camp the students studied the marine flora and fauna found in baet dwarka followed by lighting bonfire at night where the students got the opportunity to show their talents. They also cleaned the shores.



## 24. RDC Camp (1-31 January-2022)

The Government of India organized Republic Day Parade Camp in New Delhi, in which a total of 10 students from Ahmedabad Region were selected, among which Karan Dabhi, a student of NSS unit of Gujarat Commerce College also got selected in the Parade camp. The preparatory training camp for the parade commenced on 31<sup>st</sup> December'21 and lasted till 31<sup>st</sup> January'22. The month long camp consisted of sophisticated training that started from early morning everyday and ended late into the evening, followed by getting the opportunity to interact with our hon'ble Prime Minister as well as President. Overall it was a wonderful as well as proud experience for the students.



## 25. Basic Mountaineering Camp

A Basic Mountaineering Camp was organized by Gujarat University at Girnar, Junagadh. The camp was ten days long, from 17<sup>th</sup> to 26<sup>th</sup> January'21. The students of NSS Unit of Gujarat Commerce College also joined the camp under the guidance of Programme officer Dr. Vandana G Trivedi. The ten days long camp included in teaching the students on how to do Slicket travelling, rock climbing, information about mountain weather, rope climbing, rappelling, stomach rappelling, river crossing, trekking, etc, followed by republic day celebration.



## 26. ACADEMIC INSTITUTIONS VIBRANT GUJARAT SUMMIT (5<sup>th</sup> -6<sup>th</sup> January-2022)

The "INTERNATIONAL CONFERENCE OF ACADEMIC INSTITUTIONS VIBRANT GUJARAT SUMMIT 2022", was organized on 05<sup>th</sup> & 06<sup>th</sup> January'22 at Science City. The volunteers of NSS Unit of Gujarat Commerce College participated in the summit under the guidance of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. In the summit there were stalls where the students have to represent a particular freedom fighter like Mahatma Gandhi, Sardar Vallabhbhai Patel, Bhagat Singh, Sukhdev, Mahadev Desai, etc. The students were supposed to represent the freedom fighters via various creative performances.





## 27. Advance level Rock Climbing Camp 2022 (03<sup>rd</sup> -18<sup>th</sup> January-2022)

An Advance level Rock Climbing Camp was organized by the Youth Welfare Department of Gujarat University in front of SVIM at Mount Abu. The students of NSS Unit of Gujarat commerce college participated in this camp. The camp started on 3<sup>rd</sup> January 2022 at 6.50 am, where the students were taken to Bemali for Mountain Walk, followed by running, exercise and formal basic training. The basic training lasted for 4 days. Then, as a part of advance training, the students climbed Arbuda wall as well as performed various activities like river crossing, toad rock climbing and rapelling, etc., followed by Night Trekking, in which the students were given a golden horn chimney which was 300 feet deep; 12 cm Long. They spent the whole night in the forest at -5 degree temperature. After completing the training, the students were required to appear in an exam at 5.30 in the morning which ended at 6 in the evening, followed by receiving certificate. The training ended on 18<sup>th</sup> January.



## 28. National Youth Day Celebration -2022(12<sup>th</sup> January-2022)

“Yuva Divas” or “National Youth Day” is celebrated in the honour of birth anniversary of Swami Vivekananda on 12<sup>th</sup> January. The NSS Unit of Gujarat Commerce College celebrated the National Youth Day by attending the online seminar conducted by Hon’ble Prime Minister Narendra Modi, where he motivated the youth and shared the life experiences of Swami Vivekananda. The students enthusiastically attended the online seminar.



## 29. Azadi Ka Amrit Mahotsav work (13 January-2022)

"AZADI KA AMRUT MAHOTSAV" is being celebrated for 75 weeks, as a part of the celebration of Platinum Jubilee of the Independence day. Pertaining to this, the NSS Unit of Gujarat Commerce College performed various activities at Danilimda on 15<sup>th</sup> August like Covid infection prevention work, promoting Cow based organic Farming, Fit India Activity, Deaddiction drive, Save environment initiative , etc. The students actively participated in these activities as well as enthusiastically spreaded awareness among people regarding these social awareness issues.





### 30. Heritage Walk Gujarat Vidhyapeeth (30 January-2022)

Gujarat Vidhyapith organised the Heritage Walk on January 30, in which the students of NSS unit of Gujarat Commerce college participated under the motivation of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. Through this tour, the students got the opportunity to learn about the lifestyle of the Ancient people, and many facts regarding country freedom. This was a very wonderful experience for the students.



### 31. Welcome program of RDC Return Karan Dabhi (02 February-2022)

The Republic Day Parade Camp was organized by the Government of India at Delhi, in which a total of 10 students from Gujarat State were selected among which Karan Dabhi, a NSS Unit Volunteer of Gujarat Commerce College, got selected and represented the state as well as the college in the Republic Day Parade Camp. After the completion of this month long camp starting from 1<sup>st</sup> to 31<sup>st</sup> January 2022, Karan Dabhi returned to Gujarat and on 2<sup>nd</sup> February 2022. To celebrate his return, a ceremony was organised at Gujarat Commerce College, in which the Principal Dr. Jyotsna I Patel, the Programme officer Dr. Vandana Ben Trivedi alongwith other staff and NSS students, honored Karan Dabhi with flowers and gifts.



### 32. Cloth Distribution Programme (05<sup>th</sup> -07<sup>th</sup> February-2022)

The NSS Unit in Gujarat Commerce College organized a cloth distribution programme on 5<sup>th</sup> and 7<sup>th</sup> February'22, in order to help the poor and needy people of the slum area behind the college, where they distributed clothes among the needy people living in the vicinity of the College. The students first collected decent clothes from their home and respective neighbourhoods, organised the collected clothes in a systematic manner in the form of kits and then headed to distribute them in the slum area situated behind Gujarat Commerce College.



### 33. Kocharab Ashram Visit (04 February-2022)

A visit to Satyagraha Kocharab Ashram was organized on 4th January'22 in the honour of Gandhi Jayanti by N.S.S. unit of Gujarat Commerce College .A total of 35 volunteers were present who got the chance to learn about Mahatma Gandhi's life and his morals.Shri Praveenbhai Parekh, Administrator of the Ashram enthusiastically welcomed the team as well as guided everyone to Mahatma Gandhi's home and various other places in the Ashram.



### 34. AZADI KA AMRUT MAHOTSAV PROJECT : COW BASED FARMING (10 February-2022)

Since time immemorial, India has been an agrarian country and cow has been its backbone. Without cows agriculture would'nt have been possible. Inspired from this fact on 9<sup>th</sup> February'21, Aaditya, one of the active volunteers of NSS Unit of Gujarat Commerce College, explored the cow based farming carried out in his native village – Idar, on regular basis. He led the other volunteers to various farms where they learned various methods through which Cow based farming is carried out as well as the advantages of cow based farming followed by explaining why we should adopt cow based farming as much as possible.



### 35. Cloth Distribution Programme (16<sup>th</sup> February-2022)

The N.S.S unit of Gujarat Commerce College organised a cloth distribution programme on 17<sup>th</sup> February'22 at Juna Vadaj, Ahmedabad.The volunteers first collected suitable clothes for the distribution and then went to Juna vadaj in order to distribute the collected clothes among the poor and needy people. The experience was very much memorable as well as thought awakening for the students as they got to see the conditions and struggles faced by those people.





### 36. Forest Camp

The Youth Welfare Department of Gujarat University organised a three-day long Forest camp, starting from 19<sup>th</sup> to 22<sup>nd</sup> February'22. The volunteers of NSS unit of Gujarat Commerce College also participated in the camp under the guidance of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. They got to learn about many techniques on how to survive on your own when you are struck in wildlife, followed by a 55 to 60 km long tour of the forest under the leadership of the forest officers. It was a very memorable as well as adventurous experience for the students.



### 37. Science City visit (21<sup>st</sup> Febuary-2022)

An event was organized at Science city on 21<sup>st</sup> February'22 to celebrate the Climate Resilient Day, which was attended by the students of NSS unit of Gujarat Commerce College under the guidance of Principal Dr. Jyotsna I Patel and Programme officer Dr. Vandana G Trivedi. The event was attended by Gujarat Chief Minister Bhupendrabhai Patel addressed the students regarding the importance of clean and healthy environment as well as how we can prevent its pollution. The students gained knowledge regarding importance of climate and environment in our life in this event.



### 38. Annual Camp – Sadra (8<sup>th</sup> to 14<sup>th</sup> March 2022)

The NSS camp was held by NSS unit of Gujarat Commerce College, starting from 8<sup>th</sup> to 14<sup>th</sup> March'22 at Sadra. Under the supervision of NSS Programme officer Dr. Vandana G Trivedi, 50 volunteers participated in the camp with great enthusiasm. Prof. Vidhi Ravrani and Dr. Dhammdip Gaikwad also attended the camp, encouraging the students to participate in various activities as part of their schedule. The camp commenced on 8<sup>th</sup> March with an inaugural ceremony, during which Dr. Jyotsanaben Patel, Principal of Gujarat Commerce College, encouraged the students and appreciated their never-ending enthusiasm.

Day-to-day activities in the camp included prabhat pheri, cleanliness, community development programmes, awareness programmes, school visits, observation of village (livelihood pattern) etc., which were successfully carried out with the support and participation of the volunteers under the leadership of Programme Officer Dr, Vandana G Trivedi.





IMITTEE: Dr.V.G.Trivedi  
શ્રીરામ મોડીઅર  
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