



GUJARAT COMMERCE COLLEGE

ELLISBRIDGE, AHMEDABAD.



NATIONAL SERVICE SCHEME

**N.S.S. Activity done by
N.S.S. unit during 2022-
2023.**

**NOT ME,
BUT YOU.**

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Boot-Shoes Distribution Program. (03 May,2022)

Boot shoes distribution program was organized by Gujarat Commerce College NSS unit. As part of which NSS family members collected boots from their homes and relatives and helped them by distributing boots to the needy in the vicinity of the college.



This program was organized by NSS. Program Officer Mr. Dr. It was done under the guidance of Vandanaaben Trivedi and Principal Dr. All the students were encouraged by Jyotsnaben Patel

Glucose Water Distribution. (09 May, 2022)

Gujarat Commerce College NSS department distributed cold drink Glucose water today keeping in mind the intense heat.



This distribution was done by the NSS department in the vicinity of Gujarat Commerce College, VS Hospital, Ellisbridge, Ashram Road, Kalupur Railway Station, and Sarangpur.



In this distribution, cleaning workers and police officers who are working continuously day and night to serve the nation, laborers working on the side of the metro, employees working at petrol pumps, commuters, and common citizens were given this drink. 700 persons were benefited today. Distribution of glucose water Dr. Vandana was done under the guidance of Ben Trivedi in which 14 volunteers were present.

Birds Nesting Program. (14 May, 2022)

Birds Nesting Program was organized by Gujarat Commerce College N.S.S. unit.



As a part of which, NSS volunteers made different types of nests for birds with their own hands at their own homes and water and enough food were regularly placed in those nests Provided by NSS volunteers.



This program was conduct under the guidance of NSS Program Officer Dr. Vandanaben Trivedi.

World Environment Day. (05 Jun, 2022)

Gujarat Commerce College N.S.S. Department celebrated World Environment Day 2022. World Environment Day has given our NSS volunteers an opportunity to expand their vision, attitude and commitments in the field of environment conservation and enhancement. Gujarat Commerce College N.S.S. Department on June 5, 2022 as part of World Environment Day Dr. The following program was organized under the guidance of Vandana Ben Trivedi.



As part of this program the volunteers collected as much as possible for Nursery Plants. which will help them create and manage sustainable ecosystems for future generations.



As part of the Programme, volunteers planted one sapling at their homes, inspiring and encouraging them to plant more saplings in and around their communities and be a part of a greener earth.

INTERNATIONAL YOGA DAY. (21 Jun, 2022)

As part of International Yoga Day 2022, Gujarat College celebrated International Yoga Day and program was organized under the guidance of Dr. DilipBhai Chaudhary.



In which, Program Officer of Gujarat Commerce College (Morning) NSS Department was distributed Lemon Juice. throughout the program by all the NSS volunteers under the guidance of Dr. Vandana Ben Trivedi



➤ Benefits of Yoga :-

1. Yoga improves strength, balance and flexibility.
2. Yoga helps with back pain relief.
3. Yoga benefits heart health.

International Yoga Day was celebrated on 21 June 2022 in Gujarat College campus to create awareness about the Health Benefits of Yoga. Principal of Gujarat Commerce College (Morning) Dr. Jyotsna Ben Patel of along with students, staff members and NNS volunteers enthusiastically participated in the yoga session.

“Kargil Vijay Divas” and “Har Ghar Tiranga” Programme. (26 July-2022)

NSS of Gujarat Commerce College “Kargil Vijay Divas” and “Har Ghar Tiranga” programs were celebrated by the unit. The Kargil War was fought for 55 days between 8 May 1999 to 26 July 1999 to expel the Pakistani invaders. Indian soldiers gallantly attacked the Pakistani attackers amidst extraordinary difficulties, dangerous mountains and inclement weather and won the victory.



NSS of Gujarat Commerce College on 23rd Kargil Victory Day on 26/07/2022 to commemorate the sacrifice and bravery of soldiers. Around 70 NSS volunteers and college students enthusiastically participated in the essay competition through the unit. Essay competition was held with the following topics with the aim of increasing national unity, patriotism, patriotism, self-respect and national pride among the students.



- Nation, through the eyes of a soldier.
- Achievements of 75 years of India's independence.
- Service to humanity is service to the nation itself.

Program Officer Dr. Ramesh Kumar K. Chowatia guided the entire program and Principal Dr. Jyotsnaben Patel encouraged all the students and the entire program was successfully managed by Hardik Thakor, Janvi Patel, Solanki Mihir and Chudasma Manali.



"Har Ghar Tiranga" Essay Competition was organized by Gujarat Commerce College NSS Unit under the program "Har Guar Tiranga" with the aim of instilling a sense of pride for the national flag and country among the students in which the following topics were kept.

- **Our national flag is our honor and pride.**
- **Development journey of India's national flag.**
- **Tricolor symbolizes peace and prosperity.**



In which more than 40 students wrote essays in Gujarati, Hindi and English languages and in the future an elocution competition will be organized on these topics and efforts will be made to involve all the students of the college. The competition was conducted under the guidance of Program Officer Mr. RK Chowatiya and Principal Dr. Jyotsnaben Patel encouraged all the students.

Rakshabandhan Celebrated Sending Rakhis to Indian Soldiers. (03 Aug, 2022)

Gujarat Commerce College NSS unit celebrated Rakshabandhan by sending rakhis to Indian soldiers, as part of which about 20 Rakhis were sent by the sisters of the NSS unit. which was couriered to him on the occasion of Raksha Bandhan, Rakhis on at "Dogra", Dated: 03/08/2022 Soldiers were sent to the border with handwritten messages.



The aim of this program is to inculcate the spirit of patriotism among girls. NSS Sisters of the unit expressed their thoughts about the program, “As Indians, we are always with our soldiers. We consider him as our elder brother. This is the first time we are taking up this kind of idea and we are very happy with it. Every year we tie rakhi to our brothers. This year, we will combine them with the soldiers who protect us



Program Officer Shri RK Chowatia Sir said, “Sisters always tie rakhi to their brothers on Rakshabandhan but there will be no one to mark the occasion for soldiers serving the nation at the borders. We are fortunate to be able to send Rakhis to them with some sweet messages.”

NSS of Gujarat Commerce College The program was conducted under the guidance of Mr. RK Chowtia Sir, Program Officer of the Unit and Principal Dr. Jyotsnaben Patel encouraged all the volunteers

"Veer Vinod Kinariwala" Statue Cleaning Program. (08 Aug, 2022)

"Veer Vinod Kinariwala" statue Cleaning program was organized by Gujarat Commerce College of the NSS unit.



Vinod Kinariwala (9 August 1942) was a student of Gujarat College, Ahmedabad. On August 9, 1942, on the first day of the Quit India Movement launched by Mahatma Gandhi, he was shot dead by a British officer while hoisting the Indian flag in front of Gujarat College. The British officer asked him to put down the flag, but Kinariwala refused to do so. The officer then shot him dead. He was 18 years old at the time of his death.



Martyr Day of the student "Veer Vinod Kinariwala" who sacrificed his life for the sake of the country in the premises of Gujarat Commerce College. It is 10th of August. On the occasion of Veer Vinod Kinariwala's Martyr Day!



Gujarat Commerce College N.S.S. The volunteers of the unit cleaned the Martyr Veer Vinod Kinariwala statue and cleaned around the statue. This dignified activity was done under the guidance of "Dr. R. K. Chovatiya Sir".

A wonderful event of 'Raksha Bandhan' Celebrated. (08 Aug, 2022)

A wonderful event of 'Raksha Bandhan' was celebrated by the NSS unit. 'Raksha Bandhan' or 'Rakhi' is a special occasion to celebrate the virtuous bond of love between brother and sister which is the deepest and noblest of all human beings. The unit organized a special program on the occasion. Under this program, 02 groups of 20 sisters celebrated this special occasion of 'Raksha Bandhan' at the College at Gujarat University and at Ellis Bridge Police Station.



As part of this event, Principal of Gujarat Commerce College Dr. Jyotsnaben Patel and all members of the college including professors and staff NSS. This spectacular event was celebrated by tying rakhi by the sisters of the unit.



Moreover, at Gujarat University, Dr. Under the guidance of Natubhai Verma sir, it is better that the sisters tie rakhi not to all the professors of Gujarat University but to the employees of the university because all the professors tie rakhi but no one attends to tie the rakhi to the university employees. Under this wonderful objective of his, Gujarat Commerce College N.S.S. The sisters of the unit celebrated the occasion of Rakshabandhan by tying Raksha to all the possible employees of Gujarat

University. In which the chancellor of Gujarat University Shri Himanshu Pandya sir provided encouragement to all the volunteers.



Volunteers of Gujarat Commerce College N.S.S. visited the Ellis Bridge Police Station to celebrate "Suksha Bandhan" with the police personnel there. Even on holidays these policemen do their duty and work for our security. They work for us away from their families and out of gratitude towards them, all the volunteers tied a rakhi to them and prayed to God for their safety.

As part of this amazing Raksha Bandhan program, Gujarat Commerce College N.S.S. was done under the guidance of Program Officer Mr. RK Chowtia Sir and Principal Dr. All the volunteers were encouraged by Jyotsnaben Patel.

"Tree Plantation Program" (13 Aug, 2022)

A "tree plantation program" was organized by the NSS unit. Planting a tree is a lifetime investment. This depends on the type of investment how well it grows. Care given during planting and post-planting care helps the new tree to grow healthy and fully mature.



The program was launched after the members of the University of India scoured the entire campus for the best locations to plant trees, ensuring that there is water availability, soil fertility and adequate sunlight.



Moreover, in the tree plantation program, the principal of the college, Dr. Jyotsnaben Patel and respected professors of the college joined the volunteers and enthusiastically supported them in planting trees.

Global warming cannot be solved easily if people do not practice well in reducing carbon dioxide gas, solutions to this problem will be more effective when individuals change their lifestyles. Individuals can contribute to mitigating changes in global climate through their changes.



Under "Tree Plantation Program" Gujarat Commerce College N.S.S. was done under the guidance of Program Officer Shri RK Chowtia Sir and Principal Dr. All the volunteers were encouraged by Jyotsnaben Patel.

"Tiranga Utsav Padyatra" at Gujarat University.

(12 Aug, 2022)

Hearty participation in "Tiranga Utsav Padyatra" at Gujarat University by Gujarat Commerce College NSS Unit.

As a part of it, eight members of Gujarat Commerce College NSS Unit joined this walk at Gujarat University, Dr. Himanshubhai Pandyan, the Chancellor of Gujarat University, had a great contribution in this walk. Freedom fighters who sacrificed their lives for freedom. He inspired the students to act Uniting to make India a mighty nation. He emphasized the importance of patriotism at an early age.



The walk was inaugurated at 10.00 am. A total of 400 NSS volunteers participated Patriotic slogans all around. A walk was taken out across the university premises At the end of the walk with the national flag, all the volunteers were given refreshments.



The program was conducted under the guidance of NSS Program Officer Dr. RK Chowtia Sir.

"Flag Salutation" Program at Gujarat University.

(15 Aug,2022)

Gujarat Commerce College NSS family heartily joined the flag salutation program to be held at Gujarat University on 15-08-2022 As part of this program, 8 members of GCC NSS unit participated in this program at Gujarat University.



This type of program created an atmosphere of enthusiasm among volunteers. As part of the flag hoisting program, patriotic feelings were revealed among the volunteer.



This program was conducted under the guidance of respected Dr. RK Chowtia Sir.

"Har Ghar Tiranga" Campaign. (15 Aug, 2022)

As part of the celebration of "Azadi Ka Amrit Mahotsav".

Gujarat Commerce College Volunteers of the NSS unit hoisted the Indian national flag at their homes under the "Har Ghar Tiranga" campaign and celebrated 75 years of independence.



The Indian national flag is a symbol of national pride for the entire nation. Bringing home the flag collectively as a nation in the 75th year of independence becomes not only a personal connection with the tricolor, but also an embodiment of our commitment to nation building, the idea behind this initiative is to evoke that feeling To create awareness about patriotism and our national flag in the hearts of people.



This program was conducted under the guidance of respected Dr. RK Chowtia Sir.

First cleaned the statue of Mahatma Gandhi.

(30 Aug, 2022)

NSS Volunteers of Gujarat Commerce College first cleaned the statue of Mahatma Gandhi at Income tax Gujarat Vidyapith and then respectfully draped the 'Sutr ni Aati' to the Father of the Nation Mahatma Gandhi. And all of us volunteers were inspired by his thoughts. Even though he is no longer with us today, his thoughts are still alive...



"Ethics" is the foundation of the edifice of life. The ultimate goal of all our activities should be to attain God. Even when we die, we do not leave the truth."



"Dandi Kuch" On 12 March 1930, Father of the Nation Mahatma Gandhi led this struggle for human rights against the abominable salt laws imposed by British rule.

Mahatma Gandhi's thought has inspired the whole world. It was Bapu's speciality to join Pujya Bapu Loksangraha People connect with them. Showed the world the path of Satyagraha. Gandhiji said, remember the poorest and weakest man you have ever seen and ask your heart how much the action you are thinking of doing will benefit that man.

This program was conducted under the guidance of respected Dr. RK Chowtia Sir.

"NSS Orientation Program" (06 Sep 2022)

"Orientation Program" organized by Gujarat Commerce College N.S.S. department.



Under this program, information provided to newly joined N.S.S. Volunteers. Benefits of National Service Scheme, Objectives of National Service Scheme, What is a Volunteer? , Eligibility, Principle Sentence, Symbol of National Service Scheme, National Service Scheme Symbol is embossed on a metal badge. This badge has red, blue and white colours and it's importance was explained by PPT and Videos.



Ex. Campus Ambassadors Akhileshbhai Parmar and Karanbhai Dabhi were invited as chief guests in this program. Akhileshbhai Parmar was explaining about their experiences of N.S.S. to newly Volunteer friends and Karanbhai Dabhi, who went to R.D.C. Camp at Delhi, and He brought laurels to Gujarat University and Gujarat Commerce College, inspired the Volunteer friends by presenting his experiences.

The program and the meeting with respected Akhileshbhai Parmar and Karanbhai Dabhi became a memorable moment for all volunteers and friends.



Gujarat Commerce College N.S.S. "Orientation Program" was done under the guidance of Principal Dr. Jyotsnaben Patel and N.S.S. Program Officer Dr. R.K. Chovtiya Sir. All the volunteers were encouraged By them.

Fruits Distributed to old age home. (16 Sep, 2022)

Fruits were distributed to old age homes by the Gujarat Commerce College NSS Unit. Students of NSS Unit of Gujarat Commerce College visited "Vatsalya" Dham Old Age Home at Old Wadge and fruits were distributed.



Students got a chance to spend time with the elders there and get to know their life experiences. A humble attempt was made by the students to put a smile on their faces by singing bhajans, dancing, and playing garba with them. After that Indian Red Cross Society was visited. In which the students were given information about the history of Red Cross, CPR, First Aid and various trainings like Disaster Management by Mr. Manisha ben and Mr. Gohilbhai.



This program was conducted under the guidance of respected Dr. R.K. Chovatia Sir.

“Organ Donation is Life Donation” (17 Sep, 2022)

Gujarat Commerce College NSS unit was Organized “Organ Donation is Life Donation” pledge program.

On the Date of, 17th September 2022 Program Officer of NSS Unit of Gujarat Commerce College Ahmedabad run by Higher Education Department of Govt. R. K. Chovtiya informed the students under the “Organ Donation is Life Donation” campaign and read the pledge and administered the oath.



This program was conducted under the guidance of respected Dr. R.K. Chovatia Sir.

“Gandhi Jayanti” (02 Oct, 2022)

NSS of Gujarat Commerce College “Gandhi Jayanti” was celebrated by the unit at Kochrab Ashram. On the occasion of Gandhi Jayanti, an online quiz competition was organized at Kocharab Ashram under the joint initiative of world Inbox and Gujarat Commerce College under "Let's Know Gandhi".



In which the Chancellor of Gujarat Vidyapith Srirajendra Khimani Saheb, H. K. College history professor Dr. Falguniben Parikh Sripravinbhai Parikh and World Inbox administrator Mr. Miteshbhai Solanki presented their views. NSS of Gujarat Commerce College on Biography of Mahatma Gandhi. The drama was performed by the volunteers of the unit, in which former campus ambassador Mr. Karan Dabhi played the important role of Mahatma Gandhi.



Through which the students were introduced to the thoughts and ideals of Mahatma Gandhi.

This program was conducted under the guidance of respected Dr. R.K. Chovatia Sir.

herSTART Platform & Inauguration & Foundation Program at Gujarat University.

(04 Oct, 2022)

Gujarat Commerce College NSS Unit Heartfelt participation in the Launch of herSTART Platform & Inauguration & Foundation Program at Gujarat University.



Under this program, the volunteers got to know about the information and schemes that encourage women in business. During this program, all the people got the important information about the Launch of herSTART Platform & Inauguration & Foundation Program, after which the President of India, Respected "Draupadi Murm" provided encouragement to all the people.



This program was conducted under the guidance of respected Dr. R.K. Chovatia Sir.

Public Forum on Respect Food Seminar,

(07 Oct, 2022)

Gujarat Commerce College, NSS Unit got an opportunity to be a part of the seminar organized by Public Forum on Respect Food.

Gujarat Commerce College, NSS Unit became a part of Respect for Food program at Tagore Hall, Paldi, as part of the celebration of Youth Awareness Fortnight (Panchamrut) program by Climate Change Department, Government of Gujarat. In the presence of Guests like, Hon'ble Minister (Climate Change) Jagdishbhai Vishwakarma Panchal Sir, Shri S.J. Haider Sir (IAS), Shri Jai Vasavada Sir, RJ Devki Madam, Our NSS students participated wholeheartedly in this program.



The importance of this program was explained by the Chief Guests. The main purpose of this program is that we should respect food. Why should we respect food? In a country where 200 million people go to bed on empty stomachs, we should all respect that food. When one person prevents food wastage, food can reach people in the country who are going to bed hungry.

Farmers in our country have to cultivate day and night and sweat in the sun, after various processes, the food reaches us and we should respect the food. And the students took a resolution that we will respect not to waste food and we will try to create awareness among people to not waste food.



This program was conducted under the guidance of respected Dr. R.K. Chovatia Sir.

Metro System Workshop and Direct Visit to the Tunnel. (08 Oct, 2022)

NSS of Gujarat Commerce College The unit got an opportunity to participate in the program of metro system workshop and direct visit to the tunnel.



In honor of the country, the metro services of Ahmedabad division under the Ahmedabad-Gandhinagar Metro Rail project were recently publicized by the Prime Minister. The aim is to provide modern, safe, fast and eco-friendly transport services to the public at affordable rates while reducing the traffic problem. In addition, this metro rail project is linked with other existing modes of public transport system like AMTS, BRTS, Railways. Further Hon. During the unveiling of the Metro Rail Project by the Prime Minister, he said in his speech that the youth of the state and especially the students should directly see and understand the various aspects of this state-of-the-art project such as development, management, design etc. so that they develop an understanding of modern technology and usage. Cultivating the spirit of using and preserving this system with understanding.

As per the discussion held in the meeting held on 06/10/2022 with the officials of Gujarat Metro Rail Corporation under the chairmanship of the Principal Secretary (Higher and Tech. Education) of the Prime Minister, with the aim of following the said sentiment of the Prime Minister, in the first stage, Sadar Metro system workshop and tunnel for the students of Ahmedabad/Gandhinagar district. It was decided to organize a face-to-face visit, as part of which such a visit was organized for the students of educational institutions under N-Ridge Higher and Technical Education on 08/10/2022.



This program was conducted under the guidance of respected Dr. R.K. Chovatia Sir.

Voter Awareness Seminar. (11 Oct, 2022)

Gujarat commerce college NSS unit and Electoral Literacy Club Conducted a Seminar on voter awareness.



In which Seminar Volunteers and students motivated to vote and gave information about the voting Machine to them and made them use the voting Machine themselves. In which about 100 students used the voting machine themselves.



This program was conducted under the guidance of respected Dr. R.K. Chovatia Sir.

“Swachh Bharat 2.0” Mission. (12 Oct 2022)

Cleaning campaign Organized by Gujarat Commerce College NSS Unit.

NSS Unit of Gujarat Commerce College, under "Swachh Bharat Mission 2.0" in collaboration with Ahmedabad Municipal Corporation (AMC), conducted a cleanliness drive in the college and its surroundings.



In which as many as 40 NSS volunteers and as many as 10 cleaning friends of the Corporation were employed and all its equipment's were employed. The objective of "Swachh Bharat Mission 2.0" is to create a "garbage free city" completely free from garbage heaps, with the aim of NSS The students of the Corporation made a small effort to appreciate the contribution of our sanitation workers, our cleaning friends, our brothers and sisters who clean the roads every day by cleaning the area around the college with the cleaning friends of the corporation, our friends who clean the garbage despite the stench of the garbage. So, there was could be no better way.





This is the result of Pujya Babu's inspiration. It also has a mission, respect, and limits, how sensitive and alert a student is to his duty can be seen through such works. Along with this, the students took a pledge to maintain cleanliness in our country and monitor environment protection.



The entire campaign NSS Program Officer Dr. R. K. Chowtia as well as conducted under the guidance of Sri Anilbhai Rao and Sri Ratilalbhai Solanki.

World Inbox Academy Seminar. (14 Oct, 2022)

NSS of Gujarat Commerce College and World Inbox Academy - Ahmedabad - Greetings, Congratulation and Mentoring Seminar. An important seminar was organized by World Inbox Academy, Ahmedabad for members of Gujarat Commerce College NSS family for competitive examinations.



In which the members of the NSS family were told the details related to the competitive examination and the queries of the members related to these examinations were resolved.



In which an atmosphere of enthusiasm and passion was created by Mr. Karan Bhai Dabhi by telling the volunteers and students the information related to NSS.

World Students Day. (15 Oct, 2022)

NSS of Gujarat Commerce College Visit of Indian Red Cross Society Gujarat Branch Old Wadaj by Gujarat University to celebrate world students day by the unit, To celebrate world students day on 15-10-2022, NSS unit Gujarat University Went to one day First Aid kit training at Indian Red Cross Society Gujarat Branch which is located in Old Wadj.



Gujarat Commerce College Program Officer Shree Dr. R. k. Chovatiya sir selected five students in which campus ambassador hardik thakor, leader mihir solanki, raj bhatt, mansi soni, khushi shah were selected these students went there and did the task assigned to them which was to register everyone there.



The team of Red Cross Society visited the Physiotherapy Center there and then visited the Vatsalya Old Age Home. After talking with the elders living in it, got new information. After that, the information about the different types of report machines and the importance of reports was known. After that, the team explained where, when and how to use the first aid kit and different types of reports. Got an opportunity to know the information. After receiving this information, it was not known that the time had passed from 9:00 to 5:00 in the morning. We are very thankful to Indian Red Cross Society Gujarat Branch and NSS unit Gujarat University for providing this information.



This program was conducted under the guidance of respected Dr. R.K. Chovatia Sir.

Voter Awareness Program by Rangoli (24 Nov, 2022)

Gujarat Commerce College NSS Unit organized Voter awareness program by drawing Rangoli . (Date :- 24 Nov, 2022)



We, the citizens of India, having full faith in democracy, pledge that we will uphold the dignity of our country's democratic traditions and free, fair and peaceful elections and conduct every election fearlessly and without being influenced by religion, caste, language or any other inducement. We will vote.

With such pledges and ideas a campaign of voter awareness was carried out by drawing rangoli by volunteers.

Volunteers under this campaign aim to encourage, facilitate and maximize voting among people, especially new or first-time voters.

The campaign was conducted under the guidance of Program Officer Dr. RK Chowatia Sir and All students were encouraged by Principal Dr. Jyotsnaben Patel and staff members.



Tribute to Sardar Vallabhbhai Patel. (15 Dec, 2022)

On the death anniversary of iron man Sardar Vallabhbhai Patel, Gujarat Commerce College N.S.S. A floral tribute was paid on behalf of the unit. And his eternal contribution to India was remembered especially in uniting our nation and promoting overall development.



Cloth Distribution Program. (26 Dec, 2022)

"Distribution of old clothes and sweater-blankets" Winter season has started and in such bitter cold you know how many people are living without roof who live in places like footpaths, roads and facing such bitter cold.



Many people also die due to cold. So considering the cold NSS of Gujarat Commerce College. Warm clothes, sweaters and blankets were distributed by the unit. A clothes distribution program was conducted on Monday 26/12/2022 under the guidance of Mr. DORK Chovatia, Program Officer of NSS Department.

In this program, four teams were formed in which two teams from Gujarat University and the other two teams distributed clothes in the vicinity of MJ Library. By distributing warm clothes to the needy by the volunteers, the feelings of happiness appeared within the volunteers and the activity ended with the smiling faces of the needy.



Happiness and Emotions School. (29 Dec, 2022)

On 29th december 2022, activitie was organized by Gujarat Commerce College NSS Unit on the occasion of Christmas.



Went to School for Deaf Mutes, Incometax to do this activity. Around 15 to 20 volunteers contributed to the program. Then Santa Claus was called and entertained all the students and the volunteers also got full support. After being entertained with Santa Claus, games were played and everyone who won or lost the game was given chocolates by Santa Claus.

The organization then provided the volunteers with information about the organization and important tips that would help them in the future.

And finally by the unity of the volunteers the activity concluded with the smiling faces of the little children. In which NSS Program Officer Dr. R.K. Chowtia sir had very good guidance.



N.S.S. Annual Camp 2022-23. (16 to 22 Oct, 2023)

Day : 1

Gujarat Commerce College was organized annual camp by the NSS unit.



Date: 16/02/2023 to 22/02/2023. A, 7 days annual camp was organized at Naj Village , district Daskroi, Ahmedabad.

First of all on 16/02/2023 all the volunteers gathered at the college. Everyone got ready enthusiastically after collecting all the necessary items. Then Hon'ble Principal Mr. Dr. Jyotsnaben Ben Patel and all the faculty members encouraged the volunteers for the camp.



The camp was held in Andha Jan Mandal. First the volunteers cleaned the rooms of that institution and arranged the accommodation comfortably, then the lunch was prepared by the volunteers, the volunteers did all the work of the lunch themselves and prepared a complete meal for

themselves and also made for the children of the special children of andhjan mandal .

Day Activities:

Lecture on G20: Beginning of the day Honorable Faculty Member Prof. RLM Sir's speech at G20 at andhjan mandal. He explained the importance of the G20 and how it has become an important platform for global economic cooperation. The lecture was informative and engaging and provided valuable insights into the workings of this international organization.



Shiva-Parvati Drama: The students of the school presented a Shiva-Parvati drama. The students engrossed the story of Lord Shiva and Goddess Parvati with great enthusiasm and skill. The play was well received by the audience and helped create a festive atmosphere in the camp.



Village Contact: On the first day itself the volunteers went to the village and collected the some information of the village and contacted the village so that necessary activities could be carried out in the village.



After that night meal was served by the volunteers and after the meal there was a night meeting in which the activities done that day and the activities to be done the next day were discussed.



Overall, the first day of the annual camp was a success. The activities were well planned and managed, and the volunteers had a lot of time to learn and work together.

Day- 2

The next morning we got up early at 5 o'clock, we all went to the village at 5:30 a.m. for the dawn fair, in dawn fair volunteers performed bhajan kirtan . If it was Shivaratri, We also went to the temple of Mahadev. Bhajan Kirtan was performed also there.



Then after all volunteers had collected the plastic waste in naj Village. Then after people's of the naj Village given to breakfast us. After all volunteers came back and they all did their own work.



As it was Mahashivratri on that day, everyone kept fast. So cooking was not made . After a meeting was held. In this meeting , discussion of evening the program that was to be held in the village of Naj. After that all the volunteers started practice for the program. Everyone was very excited. After Rehearsal the program and at 6:00 PM everyone excitedly went to the village. On that day, our former senior who was older than us



also came.

Everyone went enthusiastically for the program in the village. The people of the village was also gathered. The program was also held at the temple of Mahadev, so the program was started by offering aarti to Mahadev.



The people of the village were very excited to watch the programme. In the program, we had performed dancing , singing, drama etc. very well. It was a lot of fun to both watch and play.



The aim of this program was to reach the importance of cleaning, dowry, against the law of rap to people's of naj village through this program. At 11:30 we collected all the luggage and again left for Andhajan Mandal and all went to their respective rooms to sleep.



Day- 3

On the morning of third day, all the volunteers got up early at 5 am and ready. At 5:30 in the morning went to Naj village for dawn fair. In the dawn fair, we were sung devotional songs and they also visited the temple of Mahadev and khodiyar Mataji.



After returning time, some volunteers cleaned around the gate of Andhajan Mandal and some volunteers prepared breakfast. After the cleaning, all volunteers and students of andhanjan mandal had taken breakfast.

After the lunch, a session was held. Mr. Deepakbhai Joshi, President of Andhajan Mandal was came there. The former students were also came.

Honored of Deepakbhai was with a book, handkerchief of khadi and sutar ni anti through our program officer Dr. R.K chovatiya. And honored of former studentes was with pen through our volunteers .



Then after session started. Deepakbhai gave a lot of information about the andhanjan mandal . And Special children of there. How did the Special children join, how are they living. Deepakbhai gave all that information. Then the session was over.

Then after all volunteers gone to visit historical place of pirana. A historical place near to Naj village. So all the volunteers went there very enthusiastically. All went to visit Pirana while walking. First of all Pirana visited a Temple and collected importance information of Temple.

Then after all volunteers went to visit Pirana Nishkalkanki Maharaj, cow-school and the mosque. All volunteers gave grass to the cows and treated the cows there lovingly. Then everyone played games together.



After that, the meal was also there, so everyone ate there together. After the dinner, left for andhanjan mandal. Everyone had to walk something 3 km and reached at Andhajan Mandal. After Everyone went to their respective rooms to sleep.

Day- 4

On the fourth day, everyone got up early in the morning at 5:30 and left for dawn fair .In the Dawn fair, everyone were sung devotional song. Everyone visited the temple of Khodiyar mataji and the temple of Mahadev. After all volunteers come back.Then all volunteers went to do yoga. After completing yoga, everyone had taken breakfast together. tea-pova was made for breakfast that day.



Day activities:

Three teams were distributed that day. One team was visited for the school. Second team was went to build the nest for birds, and third team went to the kitchen for cooking.

First team:

First team visited the primary school of Naaz village. Various activities were done in the primary school of the village. A drawing competition was conducted among the children there. And various games were played for the children.



Second Team:

Second team was went to Naaz village to tie nest for birds. And the temple of Mahadev also tied nest for peoples. We were made nest through west cartoon. After we were distributed dust bin in the Naaz village. We were made dustbin through west oil can.



Third team:

That day had to cook. Some volunteers stayed in kitchen to cook. They were cooked for our all volunteers and students of andhnjan mandal. In cooking, subji, chapati , dal, rice, everything was prepared.

Documentary:

some volunteers had to gone to the andhjan mandal for the documentary. A documentary was made upon the special children and their lives students of andhjan mandal.

All the activities were completed and everyone had taken that evening meal together. After a meeting was held. In this meeting, that was decided to work on the next day and the meeting was concluded. And all went to sleep in their rooms.

Day- 5

On the fifth day, everyone got up early in the morning at 5:30 and left for dawn fair at 5:30 In the dawn fair, everyone were sung devotional songs as well as other days . Everyone visited the temple of Khodiyar mataji and the temple of Mahadev. After all volunteers come back. Then all volunteers went to do yoga. After completing yoga, everyone had taken breakfast together. After dinner, five-six volunteers gathered in the kitchen to make laddus. Made laddus till almost 2 am.

Day Activities:

Two teams were distributed that day.

One team went to clean up around the main gate of Andhajan Mandal.



And another team went to Naj village to writes slogans upon the wall . Slogans according to cleanliness, de-addiction.



some volunteers will go to play games like football etc with the children of Andhajan Mandal.



Day 6:

On the sixth day, everyone got up early at 5 am and left for Prabhatferi at 5:30 am. All volunteers performed bhajan kirtan and reached the at naj village. We also went to khodiyar Mataji's temple and Mahadev's temple.



Day Activities:

On this day, the closing ceremony was held in Naj village school. All the volunteers left for Naj village primary school at 8:45. All the volunteers reached there by 9 o'clock. .

In this ceremony, Programmer Officer Shri. R. K. Chowtia Sir, Principal of the school, teaching staff and students of the school were present. On this day the responsibility of anchoring was given to Mihir Solanki and Soni Mansi.



The closing ceremony was started by 9:15 pm. Ceremony has started through Deep Pragataya and Prayer . The principal of the school, teachers staff and the village sarpanch were greeting with sutar ni aati and a book .



Then the students who won the competition were encouraged by giving prizes. Thereafter every in sem out of 2 students sharing their experiences.



After that, a small cultural program was organized for school students by volunteers. The ceremony was then concluded. Programmer Officer RK Chowtia Saheb distributed the book to the students there.



After that all the volunteers took a group photo with the students there and all the volunteers left for Andhajan Mandal. Everyone had taken meal.



Principal of Gujarat Commerce College Mr. Jyotsnaben Patel and Vice Principal Dr. Shilaben Bhadani joined with us .



Then after a session was held. In this session, it was decided to held drawing competition among the students of Andhajan Mandal. The competition was very well done. Then the winning students were encouraged by giving prizes.



After all these afternoon activities One team were gone for conducted a survey in naaj village. A session was held after dinner. In this session, respected bharatbhai pancholi was given information about problems of youth generation and soluation . And inspired all the volunteers.



Day- 7

On that Last day, everyone got up at 5 o'clock left for prafat ferry at 5:30 am . In prabhat ferry , all volunteers performed bhajan and kirtan and reached the village, we went to visited Mataji's temple and Mahadev's temple. After all volunteers left for Adhajan Mandal.

All the volunteers were do yoga by Soni Mansi and explained the importance of yoga.



After all volunteers were taken breakfast. After then that all volunteers went to his room to pack his luggage .Then all the volunteers take a group photo with students of Andhjan Mandal. This is the very memorable moment.



After all volunteers shift his luggage in truck and returned to college . After reached at college put all the luggage in nss room .

After all volunteers went to him home .

Blood Donation Camp. (13 March, 2023)

Gujarat Commerce College Was organized blood donation camp on date 13 March, 2023 from 09:00 AM to 2:00 PM.



Many volunteers of NSS contributed their services and many donors donated blood. Our target for this program was 50 bottles but with the support of volunteers and donors, this was increased to 92 bottles of blood.



Firstly all donors were filled one form, then he was checked up and then they were served some breakfast for energy. Then all the donors were given blood. Our volunteers supported us a lot in this program and this program was very successful with the nature of donors. Then given a certificates, who had donated blood.

This program was conducted under the guidance of respected Dr. R.K. Chovatiya sir.

Water for Birds. (11 May, 2023)

Gujarat Commerce College NSS unit Keeping in view the intense heat, the unit installed 50 clay bowls in the college campus for the purpose of providing easy access to water for thirsty birds.



In which especially where there is no water available for the birds, earthen bowls were installed for the birds. Also some bowls were also given to SPIPA students as professors. And resolved to take care of the bird every day.



This program was conducted under the guidance of respected Dr. R.K. Chowtia Sir.

INTERNATIONAL DAY OF YOGA (21 JUNE, 2023)

The International Day of Yoga, celebrated annually on June 21st, is a global initiative to promote the practice of yoga and its immense benefits for physical, mental, and spiritual well-being. This report aims to explore the significance of this day, its origins, and the impact of yoga on college students' lives.



The Impact of Yoga on College Students:

- 1. Physical Well-being,**
- 2. Mental Health and Stress Management,**
- 3. Improved Academic Performance,**
- 4. Emotional Balance and Self-Awareness and**
- 5. Community and Connection.**



Conclusion:

International Day of Yoga celebrates the transformative power of yoga, emphasizing its positive impact on college students' physical and mental well-being. By incorporating yoga into their lives, students can experience

improved physical health, reduced stress levels, enhanced academic performance, emotional balance, and a greater sense of connection with themselves and their community. As we continue to commemorate this day, let us embrace yoga as a valuable tool for cultivating mindfulness and well-being, both on and off the mat.



Jbwd.
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